

I Thess. 1:6; Rom. 5:1-11 MAINTAINING JOY THROUGH THE PAIN

⁶ You became imitators of us and of the Lord, for you welcomed the message in the midst of severe suffering with the joy given by the Holy Spirit.

Remember, and put over all of this – THE JOY IS GIVEN BY THE HOLY SPIRIT.
It's part of the Fruit of the Spirit. (Gal. 5:22ff)

I. JOY IS NOT....

A. Joy is not happiness

happiness is external; joy is _____

happiness is based on circumstances, people or success; joy is based in Christ

happiness is based on feelings; joy is based in _____

B. Joy is not dependent on circumstances – Hab. 3:17-19

II. JOY IS..

A. Joy is based in _____ - Neh. 8:10

B. Joy is a result of abiding in Christ - John 15:11 – “I have told you this so that My joy may be in you and that your joy may be complete.”

C. Joy is a result of controlling our _____ – Phil. 4:4-8

D. Joy is a result of perspective - Rom. 5:1-11

1) joy comes from having _____ in the future - v. 2, Jer. 29:11

2) joy comes from knowing God is in _____ - v. 3-5

3) joy comes from knowing we have _____ with God - v. 9-11

How can we maintain the Joy given by the Holy Spirit?

1. Make sure your joy is based in Christ - no one and nothing else.
2. Maintain a constant relationship with Christ.
3. Control your thoughts.
4. Keep the Romans 5 perspective

