

KEEP CALM AND FRET NOT!
Prov. 24:19,20; Ps. 37:1-13; 37-40

INTRO.

PROV. 24:19,20: NIV – ¹⁹) Do not fret because of evildoers or be envious of the wicked, ²⁰ for the evildoer has no future hope, and the lamp of the wicked will be snuffed out.

I. COMMAND v. 9 - 13

Fret – to grow hot or angry - “in a _____”

II. WHEN YOU'RE IN A STEW: Ps. 37

A. _____ – v. 3 – Be confident in Him.

B. Do _____ – v. 3 - deeds of moral good.

C. Delight – v. 4 – find your joy in Him. Make Christ your focus

The promise: “give you the desires of your heart:”

1) If you delight in God, your _____ will be in harmony with His

2) God will put _____ desires in your heart.

D. _____ – v. 5 - Roll your burdens onto Him.

“way” – v. 5 – all of life - every part of our lives – this specifically means the _____ things – the daily things. Prov. 3:6 – put Him first in the small things and He will direct the big things.

E. Rest – v. 7 – to be still/silent.

F. _____ patiently – v. 7

In God's world, _____ as well as TRUST is a factor.

G. – Reminder: don't fret – cease from frustration – v. 8

You can only do this as you have a right _____ of God. Your attitude toward the situation you're in now is determined by your concept of God.

v. 37-40 - Consider the blameless, observe the upright; a future awaits those who seek peace. ³⁸ But all sinners will be destroyed; there will be no future for the wicked. ³⁹ The salvation of the righteous comes from the Lord; He is their stronghold in time of trouble. ⁴⁰ The Lord helps them and delivers them; He delivers them from the wicked and saves them, because they take refuge in Him.

